



# ST. THOMAS THE APOSTLE CATHOLIC SCHOOL

*Nascantur in Admiratione*  
"Let Them Be Born in Wonder."

## HEALTH HISTORY AND MEDICAL RELEASE

Student's Name \_\_\_\_\_ Sex \_\_\_\_\_ Birthdate \_\_\_\_\_ Grade \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Relation to student \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Telephone (\_\_\_\_) \_\_\_\_\_ Parent/Guardian Work Telephone (\_\_\_\_) \_\_\_\_\_

### HEALTH HISTORY

Family Doctor \_\_\_\_\_ Telephone Number (\_\_\_\_) \_\_\_\_\_

Preferred Hospital \_\_\_\_\_

**SPECIAL INFORMATION** (Please check all that apply. Information will be held in strict confidence.)

Sleep Walking _____	Fainting _____	Dizziness _____
Blackouts _____	Asthma _____	Kidney Problems _____
Frequent Nosebleeds _____	Frequent Colds _____	Seizures _____
Severe Headaches _____	Homesickness _____	Diabetes _____
Other (please explain) _____		

**ALLERGIC REACTIONS** (Please list all known allergies – plant, insect, food, medicine **AND TYPE OF REACTION.**)

\_\_\_\_\_  
\_\_\_\_\_

Please indicate any other medical problems/situations pertinent to your child:

\_\_\_\_\_  
\_\_\_\_\_

Any physical limitations? \_\_\_\_\_ If yes, please explain: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Any emotional/physical limitations or reactions to be aware of? \_\_\_\_\_ If yes, please explain:

\_\_\_\_\_  
\_\_\_\_\_

What medication, with dosages and frequency, is the student presently taking? (Include those taken at home as well as at school.) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**IT IS IMPORTANT THAT BOTH SIDES OF THIS FORM BE COMPLETED.**

In an EMERGENCY, if we are unable to contact the parent/guardian, we should contact:

1. Name \_\_\_\_\_ Telephone (\_\_\_\_) \_\_\_\_\_

2. Name \_\_\_\_\_ Telephone (\_\_\_\_) \_\_\_\_\_

**PERMISSION FOR EMERGENCY MEDICAL TREATMENT**

In case of emergency, I hereby give permission to transport my child to the nearest hospital/emergency center for emergency medical or surgical treatment. I will be contacted as soon as possible and will be advised prior to any further treatment by the hospital or doctor.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

FAMILY INSURANCE PROVIDER/HEALTH PLAN \_\_\_\_\_

HEALTH PLAN NUMBER (Include expiration date) \_\_\_\_\_